



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Reitmeier, Gerhard

Club: :anlauf Siegen

Number: 338

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:08:15

Speed: 10.29 km/h

Running performance: 5:38 min/km

Rank in course/Total: 120 (of 188)

Rank in course/Men: 106 (of 156)

Best time in course: 1:25:29

Rank in category: 5(of 13)

Best time in the category: 1:47:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	17:09	5:16	7	3:21	110	5:35	3.25	17:09	5:16	5	3:21	107		
Lap 2	3.25	17:25	5:21	6	2:46	100	5:08	6.50	34:34	5:19	5	6:07	107		
Lap 3	3.25	17:44	5:27	5	2:35	98	5:25	9.75	52:18	5:21	5	8:42	85		
Lap 4	3.25	18:23	5:39	5	3:02	106	6:04	13.00	1:10:41	5:26	5	11:44	106	22:12	
Lap 5	3.25	18:49	5:47	5	3:06	107	6:31	16.25	1:29:30	5:30	5	14:50	105	28:43	
Lap 6	3.25	19:19	5:56	6	3:19	106	6:54	19.50	1:48:49	5:34	5	17:57	104	35:37	
Last lap Finish	3.25	19:26	5:58	5	3:59	101	7:09	22.75	2:08:15	5:38	5	20:52	106	42:46	