



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Wegener, Gunnar

Club: Berlin
Number: 1182

Course: 9.75 km
10 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 47:39

Speed: 11.33 km/h
Running performance: 4:53 min/km

Rank in course/Total: 31 (of 163)

Rank in course/Men: 28 (of 115)

Best time in course: 34:41

Rank in category: 7(of 27)

Best time in the category: 40:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:13	4:40	6	2:16	29	4:01	3.25	15:13	4:40	25	0:20	24	4:01
Lap 2	3.25	16:28	5:03	8	2:35	34	4:45	6.50	31:41	4:52	25	1:31	24	8:41
Last lap Finish	3.25	15:58	4:54	7	2:04	28	4:34	9.75	47:39	4:53	7	6:55	28	12:58