



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Ballenthin, Siegfried

Club: SV 1885 Teutschenthal

Number: 203

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:13:01

Speed: 9.92 km/h

Running performance: 5:51 min/km

Rank in course/Total: 129 (of 188)

Rank in course/Men: 113 (of 156)

Best time in course: 1:25:29

Rank in category: 6(of 8)

Best time in the category: 1:37:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:46	5:09	7	3:49	104	5:12	3.25	16:46	5:09	6	3:49	114	
Lap 2	3.25	18:08	5:34	6	4:40	121	5:51	6.50	34:54	5:22	6	8:29	114	
Lap 3	3.25	18:41	5:44	6	4:52	120	6:22	9.75	53:35	5:29	6	13:21	114	
Lap 4	3.25	19:01	5:51	6	5:01	119	6:42	13.00	1:12:36	5:35	6	18:22	113	24:07
Lap 5	3.25	19:35	6:01	6	5:23	118	7:17	16.25	1:32:11	5:40	6	23:45	112	31:24
Lap 6	3.25	20:34	6:19	6	6:09	122	8:09	19.50	1:52:45	5:46	6	29:54	111	39:33
Last lap Finish	3.25	20:16	6:14	6	5:48	110	7:59	22.75	2:13:01	5:50	6	35:42	113	47:32