



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Weber, Frank

Club: A-Blockrunner Münster

Number: 392

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:13:52

Speed: 9.86 km/h

Running performance: 5:53 min/km

Rank in course/Total: 133 (of 188)

Rank in course/Men: 117 (of 156)

Best time in course: 1:25:29

Rank in category: 25(of 30)

Best time in the category: 1:25:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind		
						Pos Men	Behind Men	km	Time	min/km	Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	17:58	5:31	27	6:24	124	6:24	3.25	17:58	5:31	6	2:36	118		
Lap 2	3.25	18:30	5:41	27	6:13	127	6:13	6.50	36:28	5:36	6	4:59	118		
Lap 3	3.25	18:41	5:44	24	6:22	120	6:22	9.75	55:09	5:39	6	6:53	118		
Lap 4	3.25	18:55	5:49	26	6:36	115	6:36	13.00	1:14:04	5:41	6	8:52	117	25:35	
Lap 5	3.25	19:13	5:54	23	6:55	110	6:55	16.25	1:33:17	5:44	6	10:27	116	32:30	
Lap 6	3.25	20:05	6:10	25	7:40	119	7:40	19.50	1:53:22	5:48	6	12:51	115	40:10	
Last lap Finish	3.25	20:30	6:18	23	8:13	116	8:13	22.75	2:13:52	5:53	25	48:23	117	48:23	