



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

van Beek, Chantor

Club: Arnhem

Number: 220

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 2:15:17

Speed: 10.09 km/h

Running performance: 5:57 min/km

Rank in course/Total: 138 (of 188)

Rank in course/Men: 122 (of 156)

Best time in course: 1:25:29

Rank in category: 11(of 14)

Best time in the category: 1:33:30

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	14:49	4:33	6	2:24	54	3:15	3.25	14:49	4:33	11	2:24	121	
Lap 2	3.25	17:55	5:30	11	5:04	112	5:38	6.50	32:44	5:02	11	7:28	121	
Lap 3	3.25	19:15	5:55	11	6:05	137	6:56	9.75	51:59	5:19	11	13:33	121	
Lap 4	3.25	19:43	6:03	11	6:07	132	7:24	13.00	1:11:42	5:30	11	19:40	120	23:13
Lap 5	3.25	20:40	6:21	11	6:51	130	8:22	16.25	1:32:22	5:41	11	26:31	119	31:35
Lap 6	3.25	20:53	6:25	11	6:57	128	8:28	19.50	1:53:15	5:48	11	33:28	118	40:03
Last lap Finish	3.25	22:02	6:46	11	8:19	131	9:45	22.75	2:15:17	5:56	11	41:47	122	49:48