



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Kubasch, Holger

Club: Lokomotive Larry

Number: 293

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:15:20

Speed: 9.75 km/h

Running performance: 5:57 min/km

Rank in course/Total: 139 (of 188)

Rank in course/Men: 123 (of 156)

Best time in course: 1:25:29

Rank in category: 14(of 19)

Best time in the category: 1:41:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	18:57	5:49	19	4:59	142	7:23	3.25	18:57	5:49	7	2:59	122	0:45
Lap 2	3.25	18:42	5:45	18	4:23	133	6:25	6.50	37:39	5:47	7	5:06	119	
Lap 3	3.25	18:58	5:50	17	4:23	128	6:39	9.75	56:37	5:48	7	5:29	122	
Lap 4	3.25	19:11	5:54	15	4:38	124	6:52	13.00	1:15:48	5:49	7	11:36	121	27:19
Lap 5	3.25	19:23	5:57	12	4:51	113	7:05	16.25	1:35:11	5:51	7	11:23	120	34:24
Lap 6	3.25	19:55	6:07	12	5:13	112	7:30	19.50	1:55:06	5:54	7	11:14	117	41:54
Last lap Finish	3.25	20:14	6:13	14	5:13	109	7:57	22.75	2:15:20	5:56	14	33:40	123	49:51