



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Fabisch, Martin

Club: Braunschweig

Number: 1035

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 47:32

Speed: 12.31 km/h

Running performance: 4:53 min/km

Rank in course/Total: 29 (of 163)

Rank in course/Men: 26 (of 115)

Best time in course: 34:41

Rank in category: 6(of 27)

Best time in the category: 40:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:10	4:58	7	3:13	45	4:58	3.25	16:10	4:58	24	1:17	25	4:58
Lap 2	3.25	15:38	4:48	5	1:45	24	3:55	6.50	31:48	4:53	24	1:38	25	8:48
Last lap Finish	3.25	15:44	4:50	6	1:50	27	4:20	9.75	47:32	4:52	6	6:48	26	12:51