



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Hermanns, Marieluise

Club: AS LahnLaender Lahnau

Number: 273

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:16:59

Speed: 9.64 km/h

Running performance: 6:01 min/km

Rank in course/Total: 145 (of 188)

Rank in course/Women: 17 (of 32)

Best time in course: 1:46:31

Rank in category: 3(of 5)

Best time in the category: 1:49:19

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | | Total ranking | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|---------------|----------------|--------------|-----------------|--|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | |
| Lap 1 | 3.25 | 17:08 | 5:16 | 2 | 2:22 | 12 | 3:15 | 3.25 | 17:08 | 5:16 | 4 | | 14 | | |
| Lap 2 | 3.25 | 18:42 | 5:45 | 3 | 3:09 | 18 | 3:56 | 6.50 | 35:50 | 5:30 | 4 | | 14 | | |
| Lap 3 | 3.25 | 19:29 | 5:59 | 4 | 3:38 | 20 | 4:25 | 9.75 | 55:19 | 5:40 | 4 | | 14 | 0:23 | |
| Lap 4 | 3.25 | 20:00 | 6:09 | 3 | 4:03 | 20 | 4:22 | 13.00 | 1:15:19 | 5:47 | 3 | 13:12 | 14 | 3:36 | |
| Lap 5 | 3.25 | 20:12 | 6:12 | 3 | 4:00 | 19 | 4:29 | 16.25 | 1:35:31 | 5:52 | 3 | 17:12 | 14 | 3:48 | |
| Lap 6 | 3.25 | 20:47 | 6:23 | 4 | 4:54 | 20 | 4:54 | 19.50 | 1:56:18 | 5:57 | 3 | 22:06 | 14 | 4:09 | |
| Last lap Finish | 3.25 | 20:41 | 6:21 | 3 | 5:34 | 18 | 5:34 | 22.75 | 2:16:59 | 6:01 | 3 | 27:40 | 17 | 30:28 | |