



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Siebe, Birte

Club: Lübbecker Berglöwen

Number: 126

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:18:27

Speed: 9.86 km/h

Running performance: 6:05 min/km

Rank in course/Total: 148 (of 188)

Rank in course/Women: 18 (of 32)

Best time in course: 1:46:31

Rank in category: 4(of 6)

Best time in the category: 1:46:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:26	5:40	5	4:33	22	4:33	3.25	18:26	5:40	5	2:02	13	0:18
Lap 2	3.25	19:26	5:58	4	4:40	20	4:40	6.50	37:52	5:49	4	9:13	13	1:13
Lap 3	3.25	19:25	5:58	4	4:21	19	4:21	9.75	57:17	5:52	4	13:34	13	2:21
Lap 4	3.25	19:44	6:04	4	4:06	18	4:06	13.00	1:17:01	5:55	4	17:40	13	5:18
Lap 5	3.25	20:39	6:21	4	4:56	21	4:56	16.25	1:37:40	6:00	4	22:36	13	5:57
Lap 6	3.25	19:50	6:06	4	3:49	17	3:57	19.50	1:57:30	6:01	4	26:25	13	5:21
Last lap Finish	3.25	20:57	6:26	4	5:31	19	5:50	22.75	2:18:27	6:05	4	31:56	18	31:56