



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Kiehl, Ute

Club: Weilerswist

Number: 289

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:18:29

Speed: 9.53 km/h

Running performance: 6:05 min/km

Rank in course/Total: 149 (of 188)

Rank in course/Women: 19 (of 32)

Best time in course: 1:46:31

Rank in category: 4(of 5)

Best time in the category: 1:49:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:08	5:34	4	3:22	18	4:15	3.25	18:08	5:34	5		1	-
Lap 2	3.25	18:36	5:43	2	3:03	17	3:50	6.50	36:44	5:39	5		12	0:05
Lap 3	3.25	19:11	5:54	3	3:20	18	4:07	9.75	55:55	5:44	5		12	0:59
Lap 4	3.25	20:11	6:12	4	4:14	21	4:33	13.00	1:16:06	5:51	4	13:59	12	4:23
Lap 5	3.25	20:21	6:15	4	4:09	20	4:38	16.25	1:36:27	5:56	4	18:08	12	4:44
Lap 6	3.25	20:44	6:22	3	4:51	19	4:51	19.50	1:57:11	6:00	4	22:59	12	5:02
Last lap Finish	3.25	21:18	6:33	4	6:11	20	6:11	22.75	2:18:29	6:05	4	29:10	19	31:58