



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Schleenbäcker, Angelika

Club: Sportclub Fitalis

Number: 355

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:22:49

Speed: 9.56 km/h

Running performance: 6:17 min/km

Rank in course/Total: 156 (of 188)

Rank in course/Women: 21 (of 32)

Best time in course: 1:46:31

Rank in category: 5(of 6)

Best time in the category: 1:55:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:29	5:41	5	2:29	23	4:36	3.25	18:29	5:41	5	2:29	10	0:21
Lap 2	3.25	19:34	6:01	5	3:14	22	4:48	6.50	38:03	5:51	5	5:43	10	1:24
Lap 3	3.25	19:50	6:06	5	3:31	22	4:46	9.75	57:53	5:56	5	9:14	10	2:57
Lap 4	3.25	20:13	6:13	5	3:54	22	4:35	13.00	1:18:06	6:00	5	13:08	10	6:23
Lap 5	3.25	20:52	6:25	5	4:10	22	5:09	16.25	1:38:58	6:05	5	17:18	10	7:15
Lap 6	3.25	21:51	6:43	5	5:03	23	5:58	19.50	2:00:49	6:11	5	22:21	10	8:40
Last lap Finish	3.25	22:00	6:46	5	5:08	22	6:53	22.75	2:22:49	6:16	5	27:29	21	36:18