



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Schomber, Frank

Club: Fit fürs Feuer Mittelhessen

Number: 359

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:22:51

Speed: 9.24 km/h

Running performance: 6:17 min/km

Rank in course/Total: 157 (of 188)

Rank in course/Men: 136 (of 156)

Best time in course: 1:25:29

Rank in category: 28(of 29)

Best time in the category: 1:34:43

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:15	5:36	26	5:48	132	6:41	3.25	18:15	5:36	4	3:38	137	0:03
Lap 2	3.25	18:32	5:42	26	5:15	129	6:15	6.50	36:47	5:39	4	7:06	137	
Lap 3	3.25	19:06	5:52	26	5:36	132	6:47	9.75	55:53	5:43	4	10:44	137	
Lap 4	3.25	20:07	6:11	27	6:13	136	7:48	13.00	1:16:00	5:50	4	14:45	136	27:31
Lap 5	3.25	20:59	6:27	28	6:59	135	8:41	16.25	1:36:59	5:58	4	18:36	135	36:12
Lap 6	3.25	22:32	6:56	27	8:26	138	10:07	19.50	1:59:31	6:07	4	22:50	134	46:19
Last lap Finish	3.25	23:20	7:10	27	9:51	136	11:03	22.75	2:22:51	6:16	28	48:08	136	57:22