



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Schomber, Frank

Club: Fit fürs Feuer Mittelhessen

Number: 359

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:22:51

Speed: 9.24 km/h

Running performance: 6:17 min/km

Rank in course/Total: 157 (of 188)

Rank in course/Men: 136 (of 156)

Best time in course: 1:25:29

Rank in category: 28(of 29)

Best time in the category: 1:34:43

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | | Pos | | Behind | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 18:15 | 5:36 | 26 | 5:48 | 132 | 6:41 | 3.25 | 18:15 | 5:36 | 4 | 3:38 | 137 | 0:03 |
| Lap 2 | 3.25 | 18:32 | 5:42 | 26 | 5:15 | 129 | 6:15 | 6.50 | 36:47 | 5:39 | 4 | 7:06 | 137 | |
| Lap 3 | 3.25 | 19:06 | 5:52 | 26 | 5:36 | 132 | 6:47 | 9.75 | 55:53 | 5:43 | 4 | 10:44 | 137 | |
| Lap 4 | 3.25 | 20:07 | 6:11 | 27 | 6:13 | 136 | 7:48 | 13.00 | 1:16:00 | 5:50 | 4 | 14:45 | 136 | 27:31 |
| Lap 5 | 3.25 | 20:59 | 6:27 | 28 | 6:59 | 135 | 8:41 | 16.25 | 1:36:59 | 5:58 | 4 | 18:36 | 135 | 36:12 |
| Lap 6 | 3.25 | 22:32 | 6:56 | 27 | 8:26 | 138 | 10:07 | 19.50 | 1:59:31 | 6:07 | 4 | 22:50 | 134 | 46:19 |
| Last lap Finish | 3.25 | 23:20 | 7:10 | 27 | 9:51 | 136 | 11:03 | 22.75 | 2:22:51 | 6:16 | 28 | 48:08 | 136 | 57:22 |