



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Schmidt, Carolin

Club: team-naunheim.de

Number: 1144

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 47:55

Speed: 12.21 km/h

Running performance: 4:55 min/km

Rank in course/Total: 32 (of 163)

Rank in course/Women: 4 (of 48)

Best time in course: 40:28

Rank in category: 1(of 4)

Best time in the category: 47:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	14:44	4:31	1	-	2	1:36	3.25	14:44	4:31	1	-	27		
Lap 2	3.25	16:10	4:58	1	-	4	2:37	6.50	30:54	4:45	1	-	27		
Last lap Finish	3.25	17:01	5:14	1	-	6	3:14	9.75	47:55	4:54	1	-	4	7:27	