



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Kajüter, Burkhard

Club: Emsbüren

Number: 59

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:04:11

Speed: 10.99 km/h

Running performance: 5:28 min/km

Rank in course/Total: 102 (of 188)

Rank in course/Men: 92 (of 156)

Best time in course: 1:25:29

Rank in category: 20(of 29)

Best time in the category: 1:34:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:52	4:52	20	3:25	82	4:18	3.25	15:52	4:52	3	1:15	139	
Lap 2	3.25	16:26	5:03	19	3:09	78	4:09	6.50	32:18	4:58	3	2:37	139	
Lap 3	3.25	17:11	5:17	19	3:41	82	4:52	9.75	49:29	5:04	3	4:20	139	
Lap 4	3.25	17:22	5:20	19	3:28	84	5:03	13.00	1:06:51	5:08	3	5:36	138	18:22
Lap 5	3.25	18:11	5:35	22	4:11	91	5:53	16.25	1:25:02	5:13	3	6:39	137	24:15
Lap 6	3.25	18:40	5:44	22	4:34	97	6:15	19.50	1:43:42	5:19	3	7:01	136	30:30
Last lap Finish	3.25	20:29	6:18	23	7:00	115	8:12	22.75	2:04:11	5:27	20	29:28	92	38:42