



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Breidel, Hans-Jürgen

Club: TV Friersen Telgte

Number: 212

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:42:48

Speed: 8.11 km/h

Running performance: 7:10 min/km

Rank in course/Total: 169 (of 188)

Rank in course/Men: 146 (of 156)

Best time in course: 1:25:29

Rank in category: 12(of 13)

Best time in the category: 1:47:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	22:12	6:49	12	8:24	150	10:38	3.25	22:12	6:49	11	8:24	146	4:00
Lap 2	3.25	23:03	7:05	13	8:24	152	10:46	6.50	45:15	6:57	11	16:48	146	6:45
Lap 3	3.25	23:35	7:15	13	8:26	152	11:16	9.75	1:08:50	7:03	11	25:14	146	8:54
Lap 4	3.25	23:14	7:08	13	7:53	151	10:55	13.00	1:32:04	7:04	11	33:07	145	43:35
Lap 5	3.25	23:25	7:12	12	7:42	147	11:07	16.25	1:55:29	7:06	11	40:49	144	54:42
Lap 6	3.25	23:46	7:18	11	7:46	144	11:21	19.50	2:19:15	7:08	11	48:23	143	1:06:03
Last lap Finish	3.25	23:33	7:14	10	8:06	137	11:16	22.75	2:42:48	7:09	12	55:25	146	1:17:19