



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Reuper, Uwe

Club: Apotheke Sülzetal

Number: 111

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:25:45

Speed: 9.06 km/h

Running performance: 6:25 min/km

Rank in course/Total: 159 (of 188)

Rank in course/Men: 138 (of 156)

Best time in course: 1:25:29

Rank in category: 19(of 23)

Best time in the category: 1:42:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:05	5:33	17	4:43	128	6:31	3.25	18:05	5:33	4	1:42	149	
Lap 2	3.25	20:29	6:18	21	6:13	147	8:12	6.50	38:34	5:56	4	5:06	149	0:04
Lap 3	3.25	20:54	6:25	21	6:27	145	8:35	9.75	59:28	6:05	4	8:47	149	
Lap 4	3.25	21:25	6:35	22	6:47	144	9:06	13.00	1:20:53	6:13	4	12:43	148	32:24
Lap 5	3.25	21:42	6:40	18	6:44	139	9:24	16.25	1:42:35	6:18	4	15:48	147	41:48
Lap 6	3.25	21:19	6:33	19	5:56	132	8:54	19.50	2:03:54	6:21	4	18:21	146	50:42
Last lap Finish	3.25	21:51	6:43	19	6:37	130	9:34	22.75	2:25:45	6:24	19	43:27	138	1:00:16