



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Habelt, Holger

Club: GutsMuths-Rennsteiglaufverein Suhl
Number: 40

Course: 22.75 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:28:50

Speed: 9.17 km/h
Running performance: 6:32 min/km

Rank in course/Total: 163 (of 188)

Rank in course/Men: 141 (of 156)

Best time in course: 1:25:29

Rank in category: 20(of 23)

Best time in the category: 1:42:18

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.25	19:36	6:01	21	6:14	145	8:02	3.25	19:36	6:01	3	3:13	152	1:24
Lap 2	3.25	20:04	6:10	20	5:48	145	7:47	6.50	39:40	6:06	3	6:12	152	1:10
Lap 3	3.25	19:56	6:08	20	5:29	142	7:37	9.75	59:36	6:06	3	8:55	152	
Lap 4	3.25	21:01	6:28	21	6:23	142	8:42	13.00	1:20:37	6:12	3	12:27	151	32:08
Lap 5	3.25	21:50	6:43	19	6:52	140	9:32	16.25	1:42:27	6:18	3	15:40	150	41:40
Lap 6	3.25	22:14	6:50	21	6:51	136	9:49	19.50	2:04:41	6:23	3	19:08	149	51:29
Last lap Finish	3.25	24:09	7:25	21	8:55	144	11:52	22.75	2:28:50	6:32	20	46:32	141	1:03:21