



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Rittiger, Klaus

Club: TV Barchfeld

Number: 113

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:14:41

Speed: 9.80 km/h

Running performance: 5:55 min/km

Rank in course/Total: 134 (of 188)

Rank in course/Men: 118 (of 156)

Best time in course: 1:25:29

Rank in category: 8(of 13)

Best time in the category: 1:47:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:09	5:35	9	4:21	130	6:35	3.25	18:09	5:35	13	4:21	153	
Lap 2	3.25	18:28	5:40	9	3:49	125	6:11	6.50	36:37	5:38	13	8:10	153	
Lap 3	3.25	19:07	5:52	11	3:58	133	6:48	9.75	55:44	5:42	13	12:08	153	
Lap 4	3.25	19:11	5:54	8	3:50	124	6:52	13.00	1:14:55	5:45	13	15:58	152	26:26
Lap 5	3.25	19:47	6:05	9	4:04	123	7:29	16.25	1:34:42	5:49	13	20:02	151	33:55
Lap 6	3.25	19:40	6:03	7	3:40	108	7:15	19.50	1:54:22	5:51	13	23:30	150	41:10
Last lap Finish	3.25	20:19	6:15	7	4:52	111	8:02	22.75	2:14:41	5:55	8	27:18	118	49:12