



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Nickel, Kathrin

Club: Freaky Friday Runners Bamberg
Number: 327

Course: 22.75 km
Halbmarathon

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:57:07

Speed: 7.45 km/h
Running performance: 7:47 min/km

Rank in course/Total: 177 (of 188)

Rank in course/Women: 27 (of 32)

Best time in course: 1:46:31

Rank in category: 2(of 3)

Best time in the category: 2:53:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:04	6:47	2	4:05	26	8:11	3.25	22:04	6:47	3	4:05	4	3:56
Lap 2	3.25	23:10	7:07	2	5:13	25	8:24	6.50	45:14	6:57	3	9:18	4	8:35
Lap 3	3.25	24:21	7:29	3	6:55	29	9:17	9.75	1:09:35	7:08	3	16:13	4	14:39
Lap 4	3.25	26:14	8:04	3	9:09	30	10:36	13.00	1:35:49	7:22	3	25:22	4	24:06
Lap 5	3.25	26:15	8:04	3	9:02	28	10:32	16.25	2:02:04	7:30	3	34:24	4	30:21
Lap 6	3.25	27:59	8:36	3	10:49	30	12:06	19.50	2:30:03	7:41	3	45:13	4	37:54
Last lap Finish	3.25	27:04	8:19	2	0:56	29	11:57	22.75	2:57:07	7:47	2	3:55	27	1:10:36