



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Hertleif, Gertrud

Club: TV Friesen Telgte

Number: 274

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W60 (60-64 Jahre)

Total time: 2:58:44

Speed: 7.39 km/h

Running performance: 7:52 min/km

Rank in course/Total: 179 (of 188)

Rank in course/Women: 29 (of 32)

Best time in course: 1:46:31

Rank in category: 2(of 2)

Best time in the category: 2:54:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	24:09	7:25	2	0:02	32	10:16	3.25	24:09	7:25	2	0:02	2	6:01
Lap 2	3.25	24:14	7:27	2	0:18	30	9:28	6.50	48:23	7:26	2	0:20	2	11:44
Lap 3	3.25	24:37	7:34	2	0:33	30	9:33	9.75	1:13:00	7:29	2	0:53	2	18:04
Lap 4	3.25	26:01	8:00	2	1:06	29	10:23	13.00	1:39:01	7:36	2	1:59	2	27:18
Lap 5	3.25	26:40	8:12	2	1:30	29	10:57	16.25	2:05:41	7:44	2	3:29	2	33:58
Lap 6	3.25	26:51	8:15	2	0:52	29	10:58	19.50	2:32:32	7:49	2	4:21	2	40:23
Last lap Finish	3.25	26:12	8:03	1	-	26	11:05	22.75	2:58:44	7:51	2	4:05	29	1:12:13