



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Wellensiek, Wolfgang

Club: Lübbecker Berglöwen

Number: 141

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:15:37

Speed: 12.96 km/h

Running performance: 4:38 min/km

Rank in course/Total: 9 (of 114)

Rank in course/Men: 9 (of 100)

Best time in course: 2:50:01

Rank in category: 4(of 25)

Best time in the category: 3:06:08

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 3.25 | 13:48 | 4:14 | 3 | 0:34 | 7 | 1:48 | 3.25 | 13:48 | 4:14 | 23 | | | 67 | |
| Lap 2 | 3.25 | 14:04 | 4:19 | 2 | 0:17 | 7 | 1:22 | 6.50 | 27:52 | 4:17 | 23 | | | 67 | |
| Lap 3 | 3.25 | 13:53 | 4:16 | 2 | 0:16 | 6 | 1:14 | 9.75 | 41:45 | 4:16 | 23 | | | 67 | |
| Lap 4 | 3.25 | 15:32 | 4:46 | 6 | 2:00 | 17 | 2:55 | 13.00 | 57:17 | 4:24 | 23 | | | 67 | |
| Lap 5 | 3.25 | 14:32 | 4:28 | 2 | 1:10 | 8 | 1:51 | 16.25 | 1:11:49 | 4:25 | 23 | | | 67 | |
| Lap 6 | 3.25 | 14:26 | 4:26 | 2 | 1:00 | 5 | 1:31 | 19.50 | 1:26:15 | 4:25 | 23 | | | 68 | |
| Lap 7 | 3.25 | 14:21 | 4:24 | 2 | 0:51 | 5 | 1:20 | 22.75 | 1:40:36 | 4:25 | 23 | | | 68 | |
| Lap 8 | 3.25 | 16:53 | 5:11 | 8 | 2:31 | 26 | 3:38 | 26.00 | 1:57:29 | 4:31 | 23 | | | 68 | |
| Lap 9 | 3.25 | 14:57 | 4:35 | 2 | 0:09 | 6 | 1:33 | 29.25 | 2:12:26 | 4:31 | 23 | | | 68 | |
| Lap 10 | 3.25 | 14:59 | 4:36 | 2 | 0:01 | 5 | 1:26 | 32.50 | 2:27:25 | 4:32 | 23 | | | 68 | |
| Lap 11 | 3.25 | 15:32 | 4:46 | 5 | 0:43 | 9 | 2:00 | 35.75 | 2:42:57 | 4:33 | 23 | | | 68 | |
| Lap 12 | 3.25 | 16:30 | 5:04 | 5 | 1:18 | 11 | 2:33 | 39.00 | 2:59:27 | 4:36 | 23 | | | 68 | |
| Last lap Finish | 3.25 | 16:10 | 4:58 | 5 | 1:35 | 13 | 2:25 | 42.25 | 3:15:37 | 4:37 | 4 | 9:29 | 9 | 25:36 | |