



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Pudenz, Florian

Club: ET03-FH SM

Number: 107

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 3:19:40

Speed: 12.62 km/h

Running performance: 4:44 min/km

Rank in course/Total: 12 (of 114)

Rank in course/Men: 12 (of 100)

Best time in course: 2:50:01

Rank in category: 1(of 5)

Best time in the category: 3:19:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:09	4:21	1	-	12	2:09	3.25	14:09	4:21	1	-	51	
Lap 2	3.25	14:57	4:35	1	-	17	2:15	6.50	29:06	4:28	1	-	51	
Lap 3	3.25	15:14	4:41	1	-	19	2:35	9.75	44:20	4:32	1	-	51	
Lap 4	3.25	14:55	4:35	1	-	10	2:18	13.00	59:15	4:33	1	-	51	
Lap 5	3.25	14:27	4:26	1	-	7	1:46	16.25	1:13:42	4:32	1	-	51	
Lap 6	3.25	14:33	4:28	1	-	9	1:38	19.50	1:28:15	4:31	1	-	65	
Lap 7	3.25	15:23	4:44	1	-	13	2:22	22.75	1:43:38	4:33	1	-	65	
Lap 8	3.25	15:56	4:54	1	-	13	2:41	26.00	1:59:34	4:35	1	-	65	
Lap 9	3.25	15:41	4:49	1	-	12	2:17	29.25	2:15:15	4:37	1	-	65	
Lap 10	3.25	16:04	4:56	1	-	12	2:31	32.50	2:31:19	4:39	1	-	65	
Lap 11	3.25	16:00	4:55	1	-	11	2:28	35.75	2:47:19	4:40	1	-	65	
Lap 12	3.25	16:16	5:00	1	-	8	2:19	39.00	3:03:35	4:42	1	-	65	
Last lap Finish	3.25	16:05	4:56	1	-	12	2:20	42.25	3:19:40	4:43	1	-	12	29:39