



# 8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

## Detailed evaluation

**Möllendorf, Heiko**

Club: Potsdamer Laufclub

Number: 92

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:24:10

Speed: 12.34 km/h

Running performance: 4:50 min/km

Rank in course/Total: 13 (of 114)

Rank in course/Men: 13 (of 100)

Best time in course: 2:50:01

Rank in category: 6(of 25)

Best time in the category: 3:06:08

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:14	4:04	1	-	2	1:14	3.25	13:14	4:04	21		63	
Lap 2	3.25	14:13	4:22	3	0:26	9	1:31	6.50	27:27	4:13	21		63	
Lap 3	3.25	14:58	4:36	6	1:21	15	2:19	9.75	42:25	4:21	21		63	
Lap 4	3.25	15:17	4:42	5	1:45	16	2:40	13.00	57:42	4:26	21		63	
Lap 5	3.25	15:18	4:42	5	1:56	14	2:37	16.25	1:13:00	4:29	21		63	
Lap 6	3.25	15:25	4:44	6	1:59	15	2:30	19.50	1:28:25	4:32	21		51	
Lap 7	3.25	15:43	4:50	6	2:13	16	2:42	22.75	1:44:08	4:34	21		51	
Lap 8	3.25	15:51	4:52	5	1:29	12	2:36	26.00	1:59:59	4:36	21		51	
Lap 9	3.25	15:50	4:52	6	1:02	13	2:26	29.25	2:15:49	4:38	21		51	
Lap 10	3.25	16:23	5:02	6	1:25	13	2:50	32.50	2:32:12	4:40	21		51	
Lap 11	3.25	16:58	5:13	7	2:09	15	3:26	35.75	2:49:10	4:43	21		51	
Lap 12	3.25	17:36	5:24	9	2:24	19	3:39	39.00	3:06:46	4:47	21		51	
Last lap Finish	3.25	17:24	5:21	8	2:49	21	3:39	42.25	3:24:10	4:49	6	18:02	13	34:09