



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Pöttger, Robert

Club: LT Alfdorf

Number: 108

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:28:44

Speed: 12.07 km/h

Running performance: 4:56 min/km

Rank in course/Total: 15 (of 114)

Rank in course/Men: 15 (of 100)

Best time in course: 2:50:01

Rank in category: 2(of 19)

Best time in the category: 3:07:48

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:26	4:44	2	1:53	27	3:26	3.25	15:26	4:44	19		61	
Lap 2	3.25	15:11	4:40	2	1:20	21	2:29	6.50	30:37	4:42	19		61	
Lap 3	3.25	15:21	4:43	2	1:34	20	2:42	9.75	45:58	4:42	19		61	
Lap 4	3.25	15:56	4:54	2	1:57	21	3:19	13.00	1:01:54	4:45	19		61	
Lap 5	3.25	15:20	4:43	2	1:00	16	2:39	16.25	1:17:14	4:45	19		61	
Lap 6	3.25	15:19	4:42	2	0:48	14	2:24	19.50	1:32:33	4:44	19		62	
Lap 7	3.25	15:26	4:44	2	0:51	14	2:25	22.75	1:47:59	4:44	19		62	
Lap 8	3.25	15:29	4:45	2	0:50	10	2:14	26.00	2:03:28	4:44	19		62	
Lap 9	3.25	15:56	4:54	2	1:02	14	2:32	29.25	2:19:24	4:45	19		62	
Lap 10	3.25	18:10	5:35	4	3:23	31	4:37	32.50	2:37:34	4:50	19		62	
Lap 11	3.25	17:20	5:19	2	2:24	18	3:48	35.75	2:54:54	4:53	19		62	
Lap 12	3.25	17:16	5:18	2	2:09	15	3:19	39.00	3:12:10	4:55	19		62	
Last lap Finish	3.25	16:34	5:05	2	1:45	14	2:49	42.25	3:28:44	4:56	2	20:56	15	38:43