



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Jüchter, Birger

Club: Rennschnecken 2000 e.V.

Number: 58

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:36:49

Speed: 11.62 km/h

Running performance: 5:08 min/km

Rank in course/Total: 21 (of 114)

Rank in course/Men: 20 (of 100)

Best time in course: 2:50:01

Rank in category: 8(of 25)

Best time in the category: 3:06:08

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:55	5:12	16	3:41	57	4:55	3.25	16:55	5:12	19		56	
Lap 2	3.25	17:10	5:16	17	3:23	53	4:28	6.50	34:05	5:14	19		56	
Lap 3	3.25	17:06	5:15	17	3:29	51	4:27	9.75	51:11	5:14	19		56	
Lap 4	3.25	16:25	5:03	11	2:53	35	3:48	13.00	1:07:36	5:11	19		56	
Lap 5	3.25	16:32	5:05	10	3:10	31	3:51	16.25	1:24:08	5:10	19		56	
Lap 6	3.25	16:14	4:59	8	2:48	21	3:19	19.50	1:40:22	5:08	19		57	
Lap 7	3.25	16:11	4:58	8	2:41	22	3:10	22.75	1:56:33	5:07	19		57	
Lap 8	3.25	16:44	5:08	7	2:22	21	3:29	26.00	2:13:17	5:07	19		57	
Lap 9	3.25	16:13	4:59	7	1:25	18	2:49	29.25	2:29:30	5:06	19		57	
Lap 10	3.25	16:32	5:05	7	1:34	17	2:59	32.50	2:46:02	5:06	19		57	
Lap 11	3.25	16:50	5:10	6	2:01	13	3:18	35.75	3:02:52	5:06	19		57	
Lap 12	3.25	17:15	5:18	7	2:03	14	3:18	39.00	3:20:07	5:07	19		57	
Last lap Finish	3.25	16:42	5:08	6	2:07	17	2:57	42.25	3:36:49	5:07	8	30:41	20	46:48