



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Porstner, Crispin

Club: Bremen

Number: 105

Course: 42.25 km

Marathon

Category:

Männer (20-29 Jahre)

Total time: 3:38:41

Speed: 11.52 km/h

Running performance: 5:11 min/km

Rank in course/Total: 23 (of 114)

Rank in course/Men: 21 (of 100)

Best time in course: 2:50:01

Rank in category: 1(of 6)

Best time in the category: 3:38:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:37	4:29	2	0:20	19	2:37	3.25	14:37	4:29	1	-	55	
Lap 2	3.25	15:20	4:43	2	0:35	24	2:38	6.50	29:57	4:36	1	-	55	
Lap 3	3.25	15:42	4:49	2	0:30	21	3:03	9.75	45:39	4:40	1	-	55	
Lap 4	3.25	15:54	4:53	1	-	19	3:17	13.00	1:01:33	4:44	1	-	55	
Lap 5	3.25	16:37	5:06	4	0:32	33	3:56	16.25	1:18:10	4:48	1	-	55	
Lap 6	3.25	16:19	5:01	1	-	22	3:24	19.50	1:34:29	4:50	1	-	56	
Lap 7	3.25	16:16	5:00	3	0:21	24	3:15	22.75	1:50:45	4:52	1	-	56	
Lap 8	3.25	17:05	5:15	4	1:04	31	3:50	26.00	2:07:50	4:54	1	-	56	
Lap 9	3.25	17:26	5:21	3	1:22	33	4:02	29.25	2:25:16	4:57	1	-	56	
Lap 10	3.25	18:05	5:33	3	1:36	28	4:32	32.50	2:43:21	5:01	1	-	56	
Lap 11	3.25	19:28	5:59	3	2:05	40	5:56	35.75	3:02:49	5:06	1	-	56	
Lap 12	3.25	19:03	5:51	3	0:39	35	5:06	39.00	3:21:52	5:10	1	-	56	
Last lap Finish	3.25	16:49	5:10	1	-	18	3:04	42.25	3:38:41	5:10	1	-	21	48:40