



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Wittwer, Frank

Club: VS Dresden

Number: 143

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:40:56

Speed: 11.47 km/h

Running performance: 5:14 min/km

Rank in course/Total: 28 (of 114)

Rank in course/Men: 25 (of 100)

Best time in course: 2:50:01

Rank in category: 4(of 14)

Best time in the category: 3:04:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:24	5:02	7	2:14	46	4:24	3.25	16:24	5:02	4	2:14	64	
Lap 2	3.25	16:02	4:56	5	2:03	28	3:20	6.50	32:26	4:59	4	4:11	64	
Lap 3	3.25	15:58	4:54	4	2:05	25	3:19	9.75	48:24	4:57	4	6:16	12	
Lap 4	3.25	15:55	4:53	4	1:51	20	3:18	13.00	1:04:19	4:56	4	8:07	64	
Lap 5	3.25	16:10	4:58	5	2:37	25	3:29	16.25	1:20:29	4:57	4	10:44	64	
Lap 6	3.25	16:51	5:11	5	3:11	31	3:56	19.50	1:37:20	4:59	4	13:55	52	
Lap 7	3.25	17:23	5:20	6	3:27	35	4:22	22.75	1:54:43	5:02	4	17:22	52	
Lap 8	3.25	16:57	5:12	6	3:10	27	3:42	26.00	2:11:40	5:03	4	20:32	52	
Lap 9	3.25	17:47	5:28	7	3:43	37	4:23	29.25	2:29:27	5:06	4	24:15	52	
Lap 10	3.25	18:25	5:40	8	3:48	36	4:52	32.50	2:47:52	5:09	4	28:03	52	
Lap 11	3.25	18:51	5:48	6	4:45	34	5:19	35.75	3:06:43	5:13	4	32:48	52	
Lap 12	3.25	19:24	5:58	7	4:18	40	5:27	39.00	3:26:07	5:17	4	37:06	52	
Last lap Finish	3.25	14:49	4:33	1	-	3	1:04	42.25	3:40:56	5:13	4	36:40	25	50:55