



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Krah, Sebastian

Club: Erfurt

Number: 70

Course: 42.25 km

Marathon

Category:

Männer (20-29 Jahre)

Total time: 3:41:23

Speed: 11.38 km/h

Running performance: 5:14 min/km

Rank in course/Total: 29 (of 114)

Rank in course/Men: 26 (of 100)

Best time in course: 2:50:01

Rank in category: 4(of 6)

Best time in the category: 3:38:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:17	4:23	1	-	15	2:17	3.25	14:17	4:23	4		100	
Lap 2	3.25	14:45	4:32	1	-	14	2:03	6.50	29:02	4:28	4		100	
Lap 3	3.25	15:12	4:40	1	-	18	2:33	9.75	44:14	4:32	4		100	
Lap 4	3.25	16:03	4:56	4	0:09	25	3:26	13.00	1:00:17	4:38	4		100	
Lap 5	3.25	16:05	4:56	1	-	21	3:24	16.25	1:16:22	4:41	4		100	
Lap 6	3.25	16:31	5:04	4	0:12	26	3:36	19.50	1:32:53	4:45	4		64	
Lap 7	3.25	16:53	5:11	4	0:58	29	3:52	22.75	1:49:46	4:49	4		64	
Lap 8	3.25	16:51	5:11	3	0:50	25	3:36	26.00	2:06:37	4:52	4		64	
Lap 9	3.25	18:26	5:40	4	2:22	43	5:02	29.25	2:25:03	4:57	4		64	
Lap 10	3.25	18:44	5:45	4	2:15	39	5:11	32.50	2:43:47	5:02	4	0:26	64	
Lap 11	3.25	19:58	6:08	4	2:35	45	6:26	35.75	3:03:45	5:08	4	0:56	64	
Lap 12	3.25	19:19	5:56	4	0:55	39	5:22	39.00	3:23:04	5:12	4	1:12	64	
Last lap Finish	3.25	18:19	5:38	2	1:30	29	4:34	42.25	3:41:23	5:14	4	2:42	26	51:22