



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Brem, Thomas

Club: Emden LG

Number: 10

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:41:40

Speed: 11.37 km/h

Running performance: 5:15 min/km

Rank in course/Total: 30 (of 114)

Rank in course/Men: 27 (of 100)

Best time in course: 2:50:01

Rank in category: 9(of 25)

Best time in the category: 3:06:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:56	4:35	9	1:42	22	2:56	3.25	14:56	4:35	18		99	
Lap 2	3.25	16:25	5:03	12	2:38	38	3:43	6.50	31:21	4:49	18		99	
Lap 3	3.25	16:31	5:04	14	2:54	40	3:52	9.75	47:52	4:54	18		99	
Lap 4	3.25	16:44	5:08	14	3:12	41	4:07	13.00	1:04:36	4:58	18		99	
Lap 5	3.25	17:03	5:14	12	3:41	40	4:22	16.25	1:21:39	5:01	18		99	
Lap 6	3.25	17:24	5:21	13	3:58	41	4:29	19.50	1:39:03	5:04	18		99	
Lap 7	3.25	17:21	5:20	13	3:51	34	4:20	22.75	1:56:24	5:06	18		99	
Lap 8	3.25	17:12	5:17	9	2:50	32	3:57	26.00	2:13:36	5:08	18		99	
Lap 9	3.25	17:23	5:20	12	2:35	30	3:59	29.25	2:30:59	5:09	18		99	
Lap 10	3.25	17:02	5:14	9	2:04	21	3:29	32.50	2:48:01	5:10	18		99	
Lap 11	3.25	17:57	5:31	10	3:08	25	4:25	35.75	3:05:58	5:12	18		99	
Lap 12	3.25	18:17	5:37	10	3:05	23	4:20	39.00	3:24:15	5:14	18		99	
Last lap Finish	3.25	17:25	5:21	10	2:50	23	3:40	42.25	3:41:40	5:14	9	35:32	27	51:39