



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Marten, René

Club: ATSV Espelkamp

Number: 85

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:44:14

Speed: 11.24 km/h

Running performance: 5:19 min/km

Rank in course/Total: 34 (of 114)

Rank in course/Men: 30 (of 100)

Best time in course: 2:50:01

Rank in category: 11(of 25)

Best time in the category: 3:06:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:20	4:24	8	1:06	16	2:20	3.25	14:20	4:24	16		65	
Lap 2	3.25	15:06	4:38	7	1:19	20	2:24	6.50	29:26	4:31	16		96	
Lap 3	3.25	14:56	4:35	5	1:19	13	2:17	9.75	44:22	4:33	16		96	
Lap 4	3.25	16:02	4:56	7	2:30	24	3:25	13.00	1:00:24	4:38	16		96	
Lap 5	3.25	15:45	4:50	7	2:23	19	3:04	16.25	1:16:09	4:41	16		96	
Lap 6	3.25	16:03	4:56	7	2:37	20	3:08	19.50	1:32:12	4:43	16		96	
Lap 7	3.25	16:24	5:02	9	2:54	26	3:23	22.75	1:48:36	4:46	16		96	
Lap 8	3.25	16:32	5:05	6	2:10	20	3:17	26.00	2:05:08	4:48	16		96	
Lap 9	3.25	17:17	5:19	11	2:29	29	3:53	29.25	2:22:25	4:52	16		96	
Lap 10	3.25	18:37	5:43	13	3:39	38	5:04	32.50	2:41:02	4:57	16		96	
Lap 11	3.25	21:06	6:29	19	6:17	62	7:34	35.75	3:02:08	5:05	16		96	
Lap 12	3.25	21:11	6:31	17	5:59	57	7:14	39.00	3:23:19	5:12	16		96	
Last lap Finish	3.25	20:55	6:26	18	6:20	56	7:10	42.25	3:44:14	5:18	11	38:06	30	54:13