



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Leich, Kersten

Club: #Twitterlaufftreff (Stavenhagen)

Number: 76

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:45:18

Speed: 11.19 km/h

Running performance: 5:20 min/km

Rank in course/Total: 36 (of 114)

Rank in course/Men: 32 (of 100)

Best time in course: 2:50:01

Rank in category: 4(of 19)

Best time in the category: 3:07:48

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:02	4:56	4	2:29	37	4:02	3.25	16:02	4:56	17		94	
Lap 2	3.25	15:59	4:55	3	2:08	27	3:17	6.50	32:01	4:55	17		94	
Lap 3	3.25	16:07	4:57	3	2:20	26	3:28	9.75	48:08	4:56	17		94	
Lap 4	3.25	16:12	4:59	3	2:13	27	3:35	13.00	1:04:20	4:56	17		94	
Lap 5	3.25	16:27	5:03	3	2:07	28	3:46	16.25	1:20:47	4:58	17		94	
Lap 6	3.25	17:42	5:26	8	3:11	46	4:47	19.50	1:38:29	5:03	17		94	
Lap 7	3.25	18:03	5:33	8	3:28	46	5:02	22.75	1:56:32	5:07	17		94	
Lap 8	3.25	17:46	5:28	6	3:07	37	4:31	26.00	2:14:18	5:09	17		94	
Lap 9	3.25	17:25	5:21	5	2:31	32	4:01	29.25	2:31:43	5:11	17		94	
Lap 10	3.25	18:07	5:34	3	3:20	29	4:34	32.50	2:49:50	5:13	17		94	
Lap 11	3.25	18:39	5:44	6	3:43	32	5:07	35.75	3:08:29	5:16	17		94	
Lap 12	3.25	18:40	5:44	5	3:33	27	4:43	39.00	3:27:09	5:18	17		94	
Last lap Finish	3.25	18:09	5:35	4	3:20	26	4:24	42.25	3:45:18	5:19	4	37:30	32	55:17