



# 8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

## Detailed evaluation

**Förkel, Detlev**

Club: LC Auensee Leipzig

Number: 27

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:47:40

Speed: 11.13 km/h

Running performance: 5:23 min/km

Rank in course/Total: 39 (of 114)

Rank in course/Men: 34 (of 100)

Best time in course: 2:50:01

Rank in category: 5(of 14)

Best time in the category: 3:04:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:25	4:26	2	0:15	18	2:25	3.25	14:25	4:26	5	0:15	92	
Lap 2	3.25	13:59	4:18	1	-	6	1:17	6.50	28:24	4:22	5	0:09	92	
Lap 3	3.25	14:25	4:26	2	0:32	8	1:46	9.75	42:49	4:23	5	0:41	92	
Lap 4	3.25	14:56	4:35	2	0:52	11	2:19	13.00	57:45	4:26	5	1:33	92	
Lap 5	3.25	15:27	4:45	2	1:54	17	2:46	16.25	1:13:12	4:30	5	3:27	92	
Lap 6	3.25	15:28	4:45	2	1:48	16	2:33	19.50	1:28:40	4:32	5	5:15	92	
Lap 7	3.25	16:07	4:57	2	2:11	21	3:06	22.75	1:44:47	4:36	5	7:26	92	
Lap 8	3.25	16:13	4:59	2	2:26	17	2:58	26.00	2:01:00	4:39	5	9:52	92	
Lap 9	3.25	17:23	5:20	5	3:19	30	3:59	29.25	2:18:23	4:43	5	13:11	92	
Lap 10	3.25	18:16	5:37	6	3:39	33	4:43	32.50	2:36:39	4:49	5	16:50	92	
Lap 11	3.25	20:11	6:12	10	6:05	48	6:39	35.75	2:56:50	4:56	5	22:55	92	
Lap 12	3.25	26:06	8:01	13	11:00	90	12:09	39.00	3:22:56	5:12	5	33:55	92	
Last lap Finish	3.25	24:44	7:36	12	9:55	86	10:59	42.25	3:47:40	5:23	5	43:24	34	57:39