



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Stier, Reinhard

Club: BELC 89 Frankfurt

Number: 132

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:51:46

Speed: 10.87 km/h

Running performance: 5:29 min/km

Rank in course/Total: 43 (of 114)

Rank in course/Men: 37 (of 100)

Best time in course: 2:50:01

Rank in category: 6(of 19)

Best time in the category: 3:07:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:12	4:59	6	2:39	42	4:12	3.25	16:12	4:59	6		48	
Lap 2	3.25	16:48	5:10	6	2:57	43	4:06	6.50	33:00	5:04	15		76	
Lap 3	3.25	17:04	5:15	7	3:17	49	4:25	9.75	50:04	5:08	9		11	
Lap 4	3.25	17:05	5:15	6	3:06	46	4:28	13.00	1:07:09	5:09	15		76	
Lap 5	3.25	16:29	5:04	4	2:09	30	3:48	16.25	1:23:38	5:08	15		76	
Lap 6	3.25	16:36	5:06	3	2:05	29	3:41	19.50	1:40:14	5:08	15		89	
Lap 7	3.25	16:39	5:07	3	2:04	28	3:38	22.75	1:56:53	5:08	15		89	
Lap 8	3.25	17:28	5:22	5	2:49	35	4:13	26.00	2:14:21	5:10	15		89	
Lap 9	3.25	18:33	5:42	7	3:39	45	5:09	29.25	2:32:54	5:13	15		89	
Lap 10	3.25	19:12	5:54	7	4:25	46	5:39	32.50	2:52:06	5:17	15		89	
Lap 11	3.25	19:25	5:58	7	4:29	39	5:53	35.75	3:11:31	5:21	15		89	
Lap 12	3.25	20:35	6:19	8	5:28	49	6:38	39.00	3:32:06	5:26	15		89	
Last lap Finish	3.25	19:40	6:03	7	4:51	42	5:55	42.25	3:51:46	5:29	6	43:58	37	1:01:45