



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Rotte, Uwe

Club: MTV Aurich

Number: 114

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:52:17

Speed: 10.85 km/h

Running performance: 5:30 min/km

Rank in course/Total: 44 (of 114)

Rank in course/Men: 38 (of 100)

Best time in course: 2:50:01

Rank in category: 7(of 19)

Best time in the category: 3:07:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:09	5:35	14	4:36	79	6:09	3.25	18:09	5:35	14		88	0:02
Lap 2	3.25	16:56	5:12	9	3:05	49	4:14	6.50	35:05	5:23	14		88	
Lap 3	3.25	17:15	5:18	8	3:28	54	4:36	9.75	52:20	5:22	14		88	
Lap 4	3.25	17:25	5:21	9	3:26	54	4:48	13.00	1:09:45	5:21	14		88	
Lap 5	3.25	17:29	5:22	8	3:09	48	4:48	16.25	1:27:14	5:22	14		88	
Lap 6	3.25	18:38	5:44	11	4:07	65	5:43	19.50	1:45:52	5:25	14		76	
Lap 7	3.25	18:18	5:37	9	3:43	51	5:17	22.75	2:04:10	5:27	14		76	
Lap 8	3.25	17:51	5:29	7	3:12	38	4:36	26.00	2:22:01	5:27	14		76	
Lap 9	3.25	17:06	5:15	3	2:12	25	3:42	29.25	2:39:07	5:26	14		76	
Lap 10	3.25	17:49	5:28	2	3:02	25	4:16	32.50	2:56:56	5:26	14		76	
Lap 11	3.25	18:23	5:39	5	3:27	28	4:51	35.75	3:15:19	5:27	14		76	
Lap 12	3.25	18:44	5:45	6	3:37	28	4:47	39.00	3:34:03	5:29	14		76	
Last lap Finish	3.25	18:14	5:36	6	3:25	28	4:29	42.25	3:52:17	5:29	7	44:29	38	1:02:16