



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Knof, Hugo

Club: bad liebenwerda

Number: 68

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:54:37

Speed: 10.74 km/h

Running performance: 5:33 min/km

Rank in course/Total: 47 (of 114)

Rank in course/Men: 41 (of 100)

Best time in course: 2:50:01

Rank in category: 8(of 14)

Best time in the category: 3:04:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:14	5:18	11	3:04	67	5:14	3.25	17:14	5:18	8	3:04	85	
Lap 2	3.25	17:11	5:17	9	3:12	54	4:29	6.50	34:25	5:17	8	6:10	85	
Lap 3	3.25	17:59	5:31	11	4:06	68	5:20	9.75	52:24	5:22	8	10:16	85	
Lap 4	3.25	18:27	5:40	11	4:23	74	5:50	13.00	1:10:51	5:26	8	14:39	85	
Lap 5	3.25	18:03	5:33	10	4:30	61	5:22	16.25	1:28:54	5:28	8	19:09	85	
Lap 6	3.25	18:01	5:32	9	4:21	55	5:06	19.50	1:46:55	5:28	8	23:30	85	
Lap 7	3.25	17:42	5:26	8	3:46	41	4:41	22.75	2:04:37	5:28	8	27:16	85	
Lap 8	3.25	17:02	5:14	7	3:15	30	3:47	26.00	2:21:39	5:26	8	30:31	85	
Lap 9	3.25	18:02	5:32	8	3:58	41	4:38	29.25	2:39:41	5:27	8	34:29	85	
Lap 10	3.25	18:07	5:34	5	3:30	29	4:34	32.50	2:57:48	5:28	8	37:59	85	
Lap 11	3.25	18:46	5:46	5	4:40	33	5:14	35.75	3:16:34	5:29	8	42:39	85	
Lap 12	3.25	19:00	5:50	5	3:54	34	5:03	39.00	3:35:34	5:31	8	46:33	85	
Last lap Finish	3.25	19:03	5:51	6	4:14	36	5:18	42.25	3:54:37	5:33	8	50:21	41	1:04:36