



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Gebes, Norbert

Club: Bad-Lauchstädt

Number: 32

Course: 42.25 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 4:00:15

Speed: 10.55 km/h

Running performance: 5:41 min/km

Rank in course/Total: 58 (of 114)

Rank in course/Men: 52 (of 100)

Best time in course: 2:50:01

Rank in category: 4(of 10)

Best time in the category: 3:17:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:55	4:53	3	1:35	34	3:55	3.25	15:55	4:53	5		24	
Lap 2	3.25	16:34	5:05	3	2:11	39	3:52	6.50	32:29	4:59	5		24	
Lap 3	3.25	16:41	5:08	3	1:50	41	4:02	9.75	49:10	5:02	5		24	
Lap 4	3.25	17:08	5:16	3	2:01	48	4:31	13.00	1:06:18	5:05	5		24	
Lap 5	3.25	17:39	5:25	3	2:43	52	4:58	16.25	1:23:57	5:09	5		24	
Lap 6	3.25	18:02	5:32	3	2:56	56	5:07	19.50	1:41:59	5:13	4	13:16	24	
Lap 7	3.25	18:09	5:35	3	3:06	47	5:08	22.75	2:00:08	5:16	4	16:22	24	
Lap 8	3.25	18:45	5:46	4	3:28	55	5:30	26.00	2:18:53	5:20	4	19:50	24	
Lap 9	3.25	20:03	6:10	5	4:57	61	6:39	29.25	2:38:56	5:26	4	24:47	24	
Lap 10	3.25	20:16	6:14	5	4:51	57	6:43	32.50	2:59:12	5:30	4	29:38	24	
Lap 11	3.25	20:22	6:15	4	4:40	54	6:50	35.75	3:19:34	5:34	4	34:18	24	
Lap 12	3.25	20:58	6:27	5	4:34	54	7:01	39.00	3:40:32	5:39	4	38:52	24	
Last lap Finish	3.25	19:43	6:03	4	4:04	43	5:58	42.25	4:00:15	5:41	4	42:56	52	1:10:14