



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Lorz, Matthias

Club: Djk Teutonia Gaustadt

Number: 82

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 4:01:14

Speed: 10.45 km/h

Running performance: 5:43 min/km

Rank in course/Total: 59 (of 114)

Rank in course/Men: 53 (of 100)

Best time in course: 2:50:01

Rank in category: 4(of 5)

Best time in the category: 3:19:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Lap 1	3.25	15:35	4:47	3	1:26	29	3:35	3.25	15:35	4:47	4	1:26	22	
Lap 2	3.25	15:00	4:36	2	0:03	19	2:18	6.50	30:35	4:42	4	1:29	22	
Lap 3	3.25	15:56	4:54	2	0:42	23	3:17	9.75	46:31	4:46	4	2:11	22	
Lap 4	3.25	16:14	4:59	3	1:19	28	3:37	13.00	1:02:45	4:49	4	3:30	22	
Lap 5	3.25	16:59	5:13	3	2:32	39	4:18	16.25	1:19:44	4:54	4	6:02	22	
Lap 6	3.25	17:59	5:31	3	3:26	53	5:04	19.50	1:37:43	5:00	4	9:28	22	
Lap 7	3.25	18:15	5:36	3	2:52	49	5:14	22.75	1:55:58	5:05	4	12:20	22	
Lap 8	3.25	18:17	5:37	5	2:21	44	5:02	26.00	2:14:15	5:09	4	14:41	22	
Lap 9	3.25	22:05	6:47	5	6:24	82	8:41	29.25	2:36:20	5:20	4	21:05	22	
Lap 10	3.25	20:52	6:25	5	4:48	63	7:19	32.50	2:57:12	5:27	4	25:53	22	
Lap 11	3.25	22:59	7:04	5	6:59	75	9:27	35.75	3:20:11	5:35	4	32:52	22	
Lap 12	3.25	20:40	6:21	4	4:24	50	6:43	39.00	3:40:51	5:39	4	37:16	22	
Last lap Finish	3.25	20:23	6:16	4	4:18	50	6:38	42.25	4:01:14	5:42	4	41:34	53	1:11:13