



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Porstner, Thomas

Club: GutsMuths-RLV

Number: 106

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:06:08

Speed: 10.30 km/h

Running performance: 5:50 min/km

Rank in course/Total: 61 (of 114)

Rank in course/Men: 55 (of 100)

Best time in course: 2:50:01

Rank in category: 9(of 19)

Best time in the category: 3:07:48

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.25	16:29	5:04	9	2:56	49	4:29	3.25	16:29	5:04	12		21	
Lap 2	3.25	17:15	5:18	10	3:24	56	4:33	6.50	33:44	5:11	12		21	
Lap 3	3.25	17:31	5:23	10	3:44	60	4:52	9.75	51:15	5:15	12		21	
Lap 4	3.25	17:21	5:20	7	3:22	50	4:44	13.00	1:08:36	5:16	12		21	
Lap 5	3.25	17:31	5:23	9	3:11	51	4:50	16.25	1:26:07	5:17	12		21	
Lap 6	3.25	17:57	5:31	10	3:26	51	5:02	19.50	1:44:04	5:20	12		21	
Lap 7	3.25	18:57	5:49	11	4:22	64	5:56	22.75	2:03:01	5:24	12		21	
Lap 8	3.25	18:32	5:42	11	3:53	49	5:17	26.00	2:21:33	5:26	12		21	
Lap 9	3.25	19:07	5:52	9	4:13	52	5:43	29.25	2:40:40	5:29	12		21	
Lap 10	3.25	20:28	6:17	11	5:41	60	6:55	32.50	3:01:08	5:34	12		21	
Lap 11	3.25	21:13	6:31	13	6:17	65	7:41	35.75	3:22:21	5:39	12		21	
Lap 12	3.25	21:40	6:40	10	6:33	61	7:43	39.00	3:44:01	5:44	12		21	
Last lap Finish	3.25	22:07	6:48	15	7:18	70	8:22	42.25	4:06:08	5:49	9	58:20	55	1:16:07