



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Staudt, Bernd

Club: LG EVO Seligenstadt

Number: 129

Course: 42.25 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 4:09:17

Speed: 10.11 km/h

Running performance: 5:54 min/km

Rank in course/Total: 63 (of 114)

Rank in course/Men: 57 (of 100)

Best time in course: 2:50:01

Rank in category: 5(of 10)

Best time in the category: 3:17:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Lap 1	3.25	17:06	5:15	7	2:46	64	5:06	3.25	17:06	5:15	6	0:16	19	
Lap 2	3.25	17:52	5:29	6	3:29	71	5:10	6.50	34:58	5:22	6	1:04	19	
Lap 3	3.25	18:19	5:38	7	3:28	74	5:40	9.75	53:17	5:27	6	1:47	19	
Lap 4	3.25	18:26	5:40	6	3:19	73	5:49	13.00	1:11:43	5:30	6	1:31	19	
Lap 5	3.25	18:30	5:41	6	3:34	71	5:49	16.25	1:30:13	5:33	6	1:37	19	
Lap 6	3.25	18:59	5:50	5	3:53	68	6:04	19.50	1:49:12	5:36	5	20:29	19	
Lap 7	3.25	18:57	5:49	5	3:54	64	5:56	22.75	2:08:09	5:37	5	24:23	19	
Lap 8	3.25	19:38	6:02	5	4:21	62	6:23	26.00	2:27:47	5:41	5	28:44	19	
Lap 9	3.25	19:50	6:06	4	4:44	58	6:26	29.25	2:47:37	5:43	5	33:28	19	
Lap 10	3.25	20:10	6:12	4	4:45	56	6:37	32.50	3:07:47	5:46	5	38:13	19	
Lap 11	3.25	20:25	6:16	5	4:43	55	6:53	35.75	3:28:12	5:49	5	42:56	19	
Lap 12	3.25	20:17	6:14	4	3:53	44	6:20	39.00	3:48:29	5:51	5	46:49	19	
Last lap Finish	3.25	20:48	6:24	5	5:09	54	7:03	42.25	4:09:17	5:54	5	51:58	57	1:19:16