



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Steiner, Daniel

Club: marathon4you.de

Number: 131

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:10:56

Speed: 10.04 km/h

Running performance: 5:56 min/km

Rank in course/Total: 67 (of 114)

Rank in course/Men: 61 (of 100)

Best time in course: 2:50:01

Rank in category: 10(of 19)

Best time in the category: 3:07:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:49	5:47	16	5:16	84	6:49	3.25	18:49	5:47	1	-	15	0:42
Lap 2	3.25	18:35	5:43	14	4:44	80	5:53	6.50	37:24	5:45	1	-	15	0:25
Lap 3	3.25	18:24	5:39	12	4:37	77	5:45	9.75	55:48	5:43	1	-	15	
Lap 4	3.25	18:19	5:38	12	4:20	70	5:42	13.00	1:14:07	5:42	1	-	15	
Lap 5	3.25	17:52	5:29	11	3:32	57	5:11	16.25	1:31:59	5:39	1	-	15	
Lap 6	3.25	16:51	5:11	4	2:20	31	3:56	19.50	1:48:50	5:34	1	-	15	
Lap 7	3.25	17:39	5:25	6	3:04	40	4:38	22.75	2:06:29	5:33	1	-	15	
Lap 8	3.25	18:17	5:37	9	3:38	44	5:02	26.00	2:24:46	5:34	1	-	15	
Lap 9	3.25	22:13	6:50	18	7:19	86	8:49	29.25	2:46:59	5:42	1	-	15	
Lap 10	3.25	20:35	6:19	12	5:48	61	7:02	32.50	3:07:34	5:46	1	-	15	
Lap 11	3.25	20:10	6:12	9	5:14	47	6:38	35.75	3:27:44	5:48	1	-	15	
Lap 12	3.25	22:37	6:57	15	7:30	72	8:40	39.00	3:50:21	5:54	1	-	15	
Last lap Finish	3.25	20:35	6:19	9	5:46	52	6:50	42.25	4:10:56	5:56	10	1:03:08	61	1:20:55