



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Mets, Olav

Club: G4S SC Estonia

Number: 87

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 4:23:04

Speed: 9.64 km/h

Running performance: 6:14 min/km

Rank in course/Total: 84 (of 114)

Rank in course/Men: 76 (of 100)

Best time in course: 2:50:01

Rank in category: 10(of 11)

Best time in the category: 2:50:01

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | | | | |
| Lap 1 | 3.25 | 16:41 | 5:08 | 8 | 4:41 | 52 | 4:41 | 3.25 | 16:41 | 5:08 | 10 | 4:41 | 50 | |
| Lap 2 | 3.25 | 17:52 | 5:29 | 9 | 5:10 | 71 | 5:10 | 6.50 | 34:33 | 5:18 | 10 | 9:51 | 48 | |
| Lap 3 | 3.25 | 18:03 | 5:33 | 10 | 5:24 | 71 | 5:24 | 9.75 | 52:36 | 5:23 | 10 | 15:15 | 50 | |
| Lap 4 | 3.25 | 18:21 | 5:38 | 10 | 5:44 | 71 | 5:44 | 13.00 | 1:10:57 | 5:27 | 10 | 20:59 | 50 | |
| Lap 5 | 3.25 | 18:41 | 5:44 | 10 | 6:00 | 75 | 6:00 | 16.25 | 1:29:38 | 5:30 | 10 | 26:59 | 50 | |
| Lap 6 | 3.25 | 19:06 | 5:52 | 10 | 6:11 | 72 | 6:11 | 19.50 | 1:48:44 | 5:34 | 10 | 33:10 | 50 | |
| Lap 7 | 3.25 | 19:54 | 6:07 | 10 | 6:53 | 78 | 6:53 | 22.75 | 2:08:38 | 5:39 | 10 | 40:03 | 50 | |
| Lap 8 | 3.25 | 22:12 | 6:49 | 10 | 8:57 | 91 | 8:57 | 26.00 | 2:30:50 | 5:48 | 10 | 49:00 | 50 | |
| Lap 9 | 3.25 | 20:55 | 6:26 | 8 | 7:31 | 71 | 7:31 | 29.25 | 2:51:45 | 5:52 | 10 | 56:31 | 50 | 1:09 |
| Lap 10 | 3.25 | 22:17 | 6:51 | 10 | 8:44 | 78 | 8:44 | 32.50 | 3:14:02 | 5:58 | 10 | 1:05:15 | 50 | 3:35 |
| Lap 11 | 3.25 | 22:58 | 7:03 | 8 | 9:26 | 73 | 9:26 | 35.75 | 3:37:00 | 6:04 | 10 | 1:14:41 | 50 | 6:36 |
| Lap 12 | 3.25 | 23:26 | 7:12 | 9 | 9:29 | 76 | 9:29 | 39.00 | 4:00:26 | 6:09 | 10 | 1:24:10 | 50 | 9:30 |
| Last lap Finish | 3.25 | 22:38 | 6:57 | 10 | 8:53 | 73 | 8:53 | 42.25 | 4:23:04 | 6:13 | 10 | 1:33:03 | 76 | 1:33:03 |