



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Steinbrecher, Diethard

Club: 100 Marathon Club

Number: 130

Course: 42.25 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 4:24:52

Speed: 9.51 km/h

Running performance: 6:16 min/km

Rank in course/Total: 87 (of 114)

Rank in course/Men: 79 (of 100)

Best time in course: 2:50:01

Rank in category: 3(of 6)

Best time in the category: 4:10:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	19:20	5:56	2	4:16	89	7:20	3.25	19:20	5:56	3	4:16	34	1:13	
Lap 2	3.25	19:48	6:05	2	3:27	89	7:06	6.50	39:08	6:01	3	7:43	47	2:09	
Lap 3	3.25	19:45	6:04	3	2:33	90	7:06	9.75	58:53	6:02	3	10:16	47	3:01	
Lap 4	3.25	19:50	6:06	3	2:05	89	7:13	13.00	1:18:43	6:03	3	12:21	47	3:26	
Lap 5	3.25	19:53	6:07	3	1:52	86	7:12	16.25	1:38:36	6:04	3	14:13	47	4:16	
Lap 6	3.25	22:37	6:57	4	4:17	94	9:42	19.50	2:01:13	6:12	3	18:30	47	7:27	
Lap 7	3.25	19:47	6:05	3	0:41	75	6:46	22.75	2:21:00	6:11	3	19:11	47	8:02	
Lap 8	3.25	21:11	6:31	4	1:36	82	7:56	26.00	2:42:11	6:14	3	20:47	47	10:43	
Lap 9	3.25	19:58	6:08	2	0:31	59	6:34	29.25	3:02:09	6:13	3	20:30	47	11:33	
Lap 10	3.25	21:47	6:42	4	1:53	75	8:14	32.50	3:23:56	6:16	3	21:15	47	13:29	
Lap 11	3.25	20:32	6:19	2	0:17	57	7:00	35.75	3:44:28	6:16	3	19:53	47	14:04	
Lap 12	3.25	20:09	6:11	1	-	43	6:12	39.00	4:04:37	6:16	3	17:30	47	13:41	
Last lap Finish	3.25	20:15	6:13	1	-	49	6:30	42.25	4:24:52	6:16	3	14:36	79	1:34:51	