



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Heinrich, Andreas

Total time: 4:31:36

Number: 45

Speed: 9.28 km/h

Running performance: 6:26 min/km

Course: 42.25 km

Rank in course/Total: 91 (of 114)

Marathon

Rank in course/Men: 83 (of 100)

Best time in course: 2:50:01

Category:

Rank in category: 12(of 14)

Senioren M45 (45-49 Jahre)

Best time in the category: 3:04:16

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:55	4:53	6	1:45	34	3:55	3.25	15:55	4:53	12	1:45	24	
Lap 2	3.25	17:34	5:24	11	3:35	65	4:52	6.50	33:29	5:09	12	5:14	43	
Lap 3	3.25	18:37	5:43	12	4:44	79	5:58	9.75	52:06	5:20	12	9:58	43	
Lap 4	3.25	19:07	5:52	12	5:03	78	6:30	13.00	1:11:13	5:28	12	15:01	43	
Lap 5	3.25	19:39	6:02	13	6:06	85	6:58	16.25	1:30:52	5:35	12	21:07	43	
Lap 6	3.25	20:13	6:13	14	6:33	86	7:18	19.50	1:51:05	5:41	12	27:40	43	
Lap 7	3.25	21:29	6:36	14	7:33	91	8:28	22.75	2:12:34	5:49	12	35:13	43	
Lap 8	3.25	21:19	6:33	13	7:32	83	8:04	26.00	2:33:53	5:55	12	42:45	43	2:25
Lap 9	3.25	22:35	6:56	13	8:31	88	9:11	29.25	2:56:28	6:01	12	51:16	43	5:52
Lap 10	3.25	23:20	7:10	13	8:43	85	9:47	32.50	3:19:48	6:08	12	59:59	43	9:21
Lap 11	3.25	24:04	7:24	12	9:58	84	10:32	35.75	3:43:52	6:15	12	1:09:57	43	13:28
Lap 12	3.25	23:45	7:18	11	8:39	79	9:48	39.00	4:07:37	6:20	12	1:18:36	43	16:41
Last lap Finish	3.25	23:59	7:22	10	9:10	81	10:14	42.25	4:31:36	6:25	12	1:27:20	83	1:41:35