



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Schramm, Kati

Club: KATIS PACE TEAM

Number: 122

Course: 42.25 km

Marathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 4:40:01

Speed: 9.00 km/h

Running performance: 6:38 min/km

Rank in course/Total: 98 (of 114)

Rank in course/Women: 9 (of 14)

Best time in course: 3:28:49

Rank in category: 2(of 2)

Best time in the category: 3:47:30

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:21	5:57	2	1:54	12	5:00	3.25	19:21	5:57	2	1:54	10	4:01
Lap 2	3.25	20:36	6:20	2	3:03	10	5:05	6.50	39:57	6:08	2	4:57	9	10:05
Lap 3	3.25	20:42	6:22	2	3:12	10	4:50	9.75	1:00:39	6:13	2	8:09	9	14:55
Lap 4	3.25	21:49	6:42	2	4:31	12	5:57	13.00	1:22:28	6:20	2	12:40	9	20:52
Lap 5	3.25	20:44	6:22	2	3:27	10	4:42	16.25	1:43:12	6:21	2	16:07	9	25:34
Lap 6	3.25	21:49	6:42	2	4:13	11	5:39	19.50	2:05:01	6:24	2	20:20	9	30:52
Lap 7	3.25	22:13	6:50	2	4:33	11	6:14	22.75	2:27:14	6:28	2	24:53	9	37:06
Lap 8	3.25	22:50	7:01	2	5:06	10	6:16	26.00	2:50:04	6:32	2	29:59	9	43:22
Lap 9	3.25	23:17	7:09	2	5:12	11	6:31	29.25	3:13:21	6:36	2	35:11	9	49:44
Lap 10	3.25	22:00	6:46	2	4:25	8	5:24	32.50	3:35:21	6:37	2	39:36	9	55:08
Lap 11	3.25	21:49	6:42	2	4:20	8	5:17	35.75	3:57:10	6:38	2	43:56	9	1:00:25
Lap 12	3.25	20:45	6:23	2	3:33	7	4:19	39.00	4:17:55	6:36	2	47:29	9	1:04:44
Last lap Finish	3.25	22:06	6:48	2	5:02	8	6:28	42.25	4:40:01	6:37	2	52:31	9	1:11:12