



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Völler, Anja

Club: Katies Pace Team

Number: 138

Course: 42.25 km

Marathon

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 4:40:01

Speed: 9.00 km/h

Running performance: 6:38 min/km

Rank in course/Total: 99 (of 114)

Rank in course/Women: 9 (of 14)

Best time in course: 3:28:49

Rank in category: 2(of 2)

Best time in the category: 4:11:11

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:19	5:56	2	3:39	10	4:58	3.25	19:19	5:56	2	3:39	11	3:59
Lap 2	3.25	19:22	5:57	2	2:51	9	3:51	6.50	38:41	5:57	2	6:30	10	8:49
Lap 3	3.25	19:47	6:05	2	2:18	9	3:55	9.75	58:28	5:59	2	8:48	10	12:44
Lap 4	3.25	19:58	6:08	2	1:40	9	4:06	13.00	1:18:26	6:01	2	10:28	10	16:50
Lap 5	3.25	20:18	6:14	2	1:47	9	4:16	16.25	1:38:44	6:04	2	12:15	10	21:06
Lap 6	3.25	21:16	6:32	2	1:39	9	5:06	19.50	2:00:00	6:09	2	13:54	10	25:51
Lap 7	3.25	21:44	6:41	2	1:31	9	5:45	22.75	2:21:44	6:13	2	15:25	10	31:36
Lap 8	3.25	22:51	7:01	2	2:11	11	6:17	26.00	2:44:35	6:19	2	17:36	10	37:53
Lap 9	3.25	22:53	7:02	2	3:04	10	6:07	29.25	3:07:28	6:24	2	20:40	10	43:51
Lap 10	3.25	22:49	7:01	2	2:48	10	6:13	32.50	3:30:17	6:28	2	23:28	10	50:04
Lap 11	3.25	23:36	7:15	2	2:30	10	7:04	35.75	3:53:53	6:32	2	25:58	10	57:08
Lap 12	3.25	23:01	7:04	2	1:10	10	6:35	39.00	4:16:54	6:35	2	27:08	10	1:03:43
Last lap Finish	3.25	23:07	7:06	2	1:42	10	7:29	42.25	4:40:01	6:37	2	28:50	9	1:11:12