



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Schmalfuß, Olaf

Club: Team Klinikum Nürnberg
Number: 118

Course: 42.25 km
Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 4:47:17

Speed: 8.77 km/h
Running performance: 6:48 min/km

Rank in course/Total: 103 (of 114)

Rank in course/Men: 93 (of 100)

Best time in course: 2:50:01

Rank in category: 9(of 10)

Best time in the category: 3:17:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:09	4:58	4	1:49	39	4:09	3.25	16:09	4:58	10		16	
Lap 2	3.25	17:59	5:31	7	3:36	74	5:17	6.50	34:08	5:15	10	0:14	33	
Lap 3	3.25	18:18	5:37	6	3:27	73	5:39	9.75	52:26	5:22	4	0:56	25	
Lap 4	3.25	18:08	5:34	5	3:01	67	5:31	13.00	1:10:34	5:25	10	0:22	33	
Lap 5	3.25	18:43	5:45	7	3:47	76	6:02	16.25	1:29:17	5:29	10	0:41	33	
Lap 6	3.25	19:00	5:50	6	3:54	69	6:05	19.50	1:48:17	5:33	9	19:34	33	
Lap 7	3.25	19:37	6:02	6	4:34	71	6:36	22.75	2:07:54	5:37	9	24:08	33	
Lap 8	3.25	21:41	6:40	8	6:24	86	8:26	26.00	2:29:35	5:45	9	30:32	33	
Lap 9	3.25	22:59	7:04	8	7:53	90	9:35	29.25	2:52:34	5:53	9	38:25	33	1:58
Lap 10	3.25	24:10	7:26	9	8:45	89	10:37	32.50	3:16:44	6:03	9	47:10	33	6:17
Lap 11	3.25	27:28	8:27	9	11:46	94	13:56	35.75	3:44:12	6:16	9	58:56	33	13:48
Lap 12	3.25	28:30	8:46	9	12:06	96	14:33	39.00	4:12:42	6:28	9	1:11:02	33	21:46
Last lap Finish	3.25	34:35	10:38	9	18:56	98	20:50	42.25	4:47:17	6:47	9	1:29:58	93	1:57:16