



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Garreis, Christine

Club: LT Murr Bottwartal-Marathon

Number: 1046

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 50:18

Speed: 10.74 km/h

Running performance: 5:10 min/km

Rank in course/Total: 48 (of 163)

Rank in course/Women: 5 (of 48)

Best time in course: 40:28

Rank in category: 1(of 9)

Best time in the category: 50:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:35	5:06	1	-	6	3:27	3.25	16:35	5:06	1	-	28	
Lap 2	3.25	16:39	5:07	1	-	5	3:06	6.50	33:14	5:06	1	-	28	
Last lap Finish	3.25	17:04	5:15	1	-	8	3:17	9.75	50:18	5:09	1	-	5	9:50