



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Leser, Reiner

Club: Erlebnisbergwerk Merkers

Number: 1199

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 50:40

Speed: 10.66 km/h

Running performance: 5:12 min/km

Rank in course/Total: 50 (of 163)

Rank in course/Men: 45 (of 115)

Best time in course: 34:41

Rank in category: 4(of 8)

Best time in the category: 48:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:58	4:54	2	0:55	41	4:46	3.25	15:58	4:54	4	0:55	44	4:46
Lap 2	3.25	16:53	5:11	4	0:22	42	5:10	6.50	32:51	5:03	4	1:17	44	9:51
Last lap Finish	3.25	17:49	5:28	5	1:25	51	6:25	9.75	50:40	5:11	4	2:22	45	15:59