



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Scheel, Olaf

Club: Eisenacher Leichtathletik Verein

Number: 1142

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 50:55

Speed: 11.49 km/h

Running performance: 5:13 min/km

Rank in course/Total: 51 (of 163)

Rank in course/Men: 46 (of 115)

Best time in course: 34:41

Rank in category: 9(of 27)

Best time in the category: 40:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:28	5:03	11	3:31	51	5:16	3.25	16:28	5:03	21	1:35	45	5:16
Lap 2	3.25	17:04	5:15	9	3:11	46	5:21	6.50	33:32	5:09	21	3:22	45	10:32
Last lap Finish	3.25	17:23	5:20	9	3:29	45	5:59	9.75	50:55	5:13	9	10:11	46	16:14