



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Wagner, Heribert

Club: SV Herschfeld

Number: 1177

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 51:00

Speed: 10.59 km/h

Running performance: 5:14 min/km

Rank in course/Total: 52 (of 163)

Rank in course/Men: 47 (of 115)

Best time in course: 34:41

Rank in category: 5(of 8)

Best time in the category: 48:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:17	5:00	4	1:14	47	5:05	3.25	16:17	5:00	5	1:14	46	5:05
Lap 2	3.25	17:35	5:24	5	1:04	57	5:52	6.50	33:52	5:12	5	2:18	46	10:52
Last lap Finish	3.25	17:08	5:16	4	0:44	42	5:44	9.75	51:00	5:13	5	2:42	47	16:19